



Make Health Connect



EXECUTIVE HEALTH SCREENING

2012 PACKAGES <small>Applicable to MHC Medical Centre (The Amara)</small>	Garnet	Opal	Moonstone	Amber	Lapis	Amethyst	Aquamarine	Alexandrite
	Men / Ladies	Men / Ladies	Men/Ladies	Men	Men	Ladies	Ladies	Ladies
MEDICAL CONSULTATION								
• History & Examination		x	x	x	x	x	x	x
BIOPHYSICS								
• Height, Weight, Eyesight		x	x	x	x	x	x	x
OFFICE TESTS								
• Electrocardiogram (ECG)		x	x	x	x	x	x	x
• Lung Function Test (Spirometry)					x		x	x
• Cardiac Stress Test (Treadmill)				C - 1	x			
• Bone Sonometry/Density					x	x	x	x
IMAGING STUDIES								
• Chest X-ray			x	x	x	x	x	x
• Abdominal Ultrasound				C - 1	x			x
• Pelvic Ultrasound (Female only)						C - 1	C - 2	x
• Breast Ultrasound (Female only)						C - 1	C - 2	x
• Mammogram (Female only)						C - 1	C - 2	x
CHOLESTEROL PROFILE								
• Total Chol, HDL, LDL, TG, Ratio	x	x	x	x	x	x	x	x
LIVER PROFILE								
• Total Bil, SAP, Total Protein, Alb, Globulin, SGPT, SGOT, GGT	x	x	x	x	x	x	x	x
HEPATITIS PROFILE								
• Hepatitis Bs Ag & Ab	x	x	x	x	x	x	x	x
• Hepatitis A Ab	x	x	x	x	x	x	x	x
KIDNEY PROFILE								
• Urea/Creatinine	x	x	x	x	x	x	x	x
• Electrolytes (K+, Na+, Cl-)								
• Urine FEME	x	x	x	x	x	x	x	x
ENDOCRINE PROFILE								
• Fasting glucose	x	x	x	x	x	x	x	x
• Free T4	x		x	x	x	x	x	x
• TSH	x		x	x	x	x	x	x
BONE & JOINT PROFILE								
• Calcium & Phosphate	x		x	x	x	x	x	x
• Uric Acid	x	x	x	x	x	x	x	x
• Rheumatoid (RA) Factor	x		x		x		x	x
CANCER MARKERS / PROFILE								
• AFP (Alpha Fetoprotein)	x	x	x	x	x	x	x	x
• CEA (Carcinoembryonic Antigen)	x	x	x	x	x	x	x	x
• PSA (Male Only)	x				x			
• CA125 (Female Only)	x						x	x
• CA 19.9								x
• EBV EA IgA								x
• PAP Smear (Female Only)			x			x	x	x
FULL BLOOD COUNT								
• Hb, TW, TR, DC, Platelets	x	x	x	x	x	x	x	x
• ESR, PBF, PCV, MCV, MCH, MCHC	x	x	x	x	x	x	x	x
• Blood Grouping (ABO & Rhesus)	x	x	x	x	x	x	x	x
OTHER TESTS								
• Venereal Disease (VDRL)	x	x	x	x	x	x	x	x
• Stool Occult Blood		x	x	x	x	x	x	x
REVIEW								
• Doctor's recommendations		x	x	x	x	x	x	x

X - Included | C-1 - Choose one "C-1" items in this package | C-2 - Choose two "C-2" items in this package

MHC Medical Centre (Amara) Pte Ltd (Co. Reg. No. 199606979C)
 100 Tras Street #15-01 Amara Corporate Tower Singapore 079027
 Tel: +65-6225-5220 • Fax: +65-6225-5426 • Email enquiries: ehs@mhcasia.com
 Visit our website to book an appointment: www.mhcHealthcare.com
 Follow us at [Facebook.com/mhcHealthcare](https://www.facebook.com/mhcHealthcare)



Make Health Connect

Executive Health Screening Guide and Optional Tests

OFFICE TESTS		List Price	(All quotes exclude GST. Prevailing GST applies)
▪ Electrocardiogram (ECG)	\$30	–	To detect rhythm disorders & Coronary Artery Disease.
▪ Lung Function Test	\$40	–	To measure lungs volume & air flow characteristics (asthma/lung disease)
▪ Stress Test (Treadmill)	\$180	–	To screen for early Coronary Artery Disease. Recommended for men above 40yrs, post-menopausal women and those with hypertension, diabetes, high cholesterol or exertional chest pain / breathlessness.
▪ Bone Sonometry (density)	\$60	–	To assess risk of fracture/screen for osteoporosis. Advised for menopausal or postmenopausal women and those with family history of fractures.
▪ Tonometry	\$40	–	Eye pressure check to detect Glaucoma
IMAGING STUDIES			
▪ Chest X-ray	\$25	–	Useful for pulmonary TB, primary & secondary lung cancer detection.
▪ Abdominal Ultrasound	\$180	–	Screen liver, gallbladder, pancreas, spleen and kidneys for stones, cysts, tumors and cancers.
▪ Prostate Ultrasound	\$150	–	Screen for prostate enlargements and tumours.
▪ Pelvic Ultrasound (Ladies)	\$130	–	Screen uterus and ovaries for fibroids, cysts, tumors and cancers.
▪ Breast Ultrasound (Ladies)	\$130	–	Screen for breast lumps, cysts and cancer in women.
▪ Mammogram (Ladies)	\$130	–	Screen for early breast cancer. Advised for women above 40yrs
CORONARY RISK STUDIES			
▪ Cholesterol Profile: Total Chol, HDL, LDL, TG, Ratio	–	–	Highly recommended for evaluation of cardiovascular disease risk (e.g. stroke & heart attack). It is well accepted in internationally that high cholesterol levels are associated with increased risk for strokes/heart attacks.
▪ Homocysteine	\$76	–	For biochemical diagnosis of inborn errors of methionine, folate & vitamin B6, B12 metabolism. Elevated levels also correlates with higher risk for stroke or heart attack.
LIVER PROFILE			
▪ Tot Bil, SAP, SGPT, SGOT, GGT, Tot Protein, Albumin, Globulin, A/G Ratio	–	–	Analysis of liver function. Detects liver disease including hepatitis, obstructive/cholestatic jaundice and alcoholic liver disease.
HEPATITIS PROFILE			
▪ Hepatitis Bs Ag & Ab	–	–	To detect exposure to Hepatitis B virus, and state of immunity.
▪ Hepatitis BeAg & Ab	\$72	–	Screen for active/replicative Hepatitis B infection. Recommended for Hep. B carriers.
▪ Hepatitis A Antibody	–	–	To detect exposure to hepatitis A virus, and state of immunity.
▪ Hepatitis C Antibody	\$40	–	Screen for exposure to Hepatitis C. Recommended for Hepatitis B carriers or those with unexplained abnormal liver enzymes.
KIDNEY PROFILE			
▪ Urea/Creatinine/Urine FEME Electrolytes (K+, Na+, Cl-)	\$20	–	Analysis of kidney function. May detect kidney impairment due to hypertension, diabetes, kidney stones & infection.
ENDOCRINE PROFILE			
▪ Glucose	–	–	Detects Diabetes Mellitus.
▪ HbA1c	\$24	–	To assess diabetic control. Recommended for patients with Diabetes.
▪ Free T4/TSH / T3	\$50	–	To evaluate thyroid gland function and detects thyrotoxicosis.
▪ Ammenorrhea Profile (Ladies)	\$240	–	To evaluate for hormonal cause of amenorrhoea and menstrual irregularities.
BONE & JOINT PROFILE			
▪ Calcium & Phosphate	\$16	–	A useful analysis of common bone/joint disorders.
▪ Uric Acid	–	–	To screen for Gout.
▪ RA Factor	–	–	To screen for Rheumatoid Arthritis.
▪ Anti DS DNA Antibody	\$40	–	To screen for auto-immune disease e.g. SLE.
▪ Anti Nuclear Antibody	\$40	–	To screen for auto-immune disease e.g. SLE.
CANCER MARKERS			
▪ CEA	\$30	–	Marker of colon and stomach cancer. (Carcinoembryonic Antigen)
▪ AFP	\$30	–	Marker for liver cancer. (Alpha Fetoprotein)
▪ PSA (Men)	\$50	–	Marker for prostate cancer. (Prostatic Specific Antigen)
▪ CA125 (Ladies)	\$50	–	Marker for ovarian cancer.
▪ CA19-9	\$50	–	Marker for pancreatic cancer.
▪ EBV EA IgA	\$50	–	To screen for nasopharyngeal cancer.
▪ PAP Smear (Ladies)	\$30	–	Highly recommended screening test for cervical cancer in women.
▪ Stool Occult Blood	\$10	–	A cost effective way to screen for early colon cancer.
BLOOD STUDIES			
▪ Hb, TW, TR, DC, Platelets, ESR, PBF, PCV, MCV, MCH, MCHC	–	–	Complete blood analysis.
▪ PT/PTT	\$34	–	To screen for bleeding tendencies.
▪ Blood Grouping (ABO/Rhesus)	–	–	Information about blood group and Rhesus antigen status.
▪ Anaemia /Thalassaemia Profile	\$88	–	To evaluate anaemia due to blood loss or nutritional deficiencies (Iron, Vitamin, B12, Folate) or Hereditary Thalassaemia (genetic form of anaemia).
▪ Hb Electrophoresis	\$42	–	To screen for Thalassaemia (genetic form of anaemia). Important for women with anaemia especially when planning for pregnancy.
INFECTIONS			
▪ Venereal Disease (VDRL)	–	–	Screen for venereal disease / syphilis.
▪ STD Profile	\$82	–	Screen for Candida, Chlamydia, Herpes Type I & II infections.
▪ HIV Antibody	–	–	Screen for HIV infection.
▪ Rubella IgG Antibody	\$24	–	Detects immunity against German measles. Advised for women planning for pregnancy.
▪ Varicella Zoster IgG Antibody	\$44	–	Detects immunity against Chicken Pox/ Varicella Zoster.

MHC Medical Centre (Amara) Pte Ltd (Co. Reg. No. 199606979C)

100 Tras Street #15-01 Amara Corporate Tower Singapore 079027

Tel: +65-6225-5220 • Fax: +65-6225-5426 • Email enquiries: ehs@mhcasia.com

Visit our website to book an appointment: www.mhcHealthcare.com

Follow us at [Facebook.com/mhcHealthcare](https://www.facebook.com/mhcHealthcare)